

Tal – Medical Herbalist

We are happy to be working with a true expert in the field of botanical medicine. Tal is an east meets west practitioner, that combines his vast knowledge in a symbiotic manner that is applicable to modern day life. He is the founder of The Urban Apothecary, a Toronto based herbal clinic & Apothecary.

He has been a student of various holistic & natural healing modalities for many years including:

- Traditional Western Herbalism
- Ayurveda
- Homeopathy - Cell Salts
- Aromatherapy
- Bach Flower Remedies - Flower essence therapy
- Yoga - Pranayama, Mudras & Asana
- Nutritional & Lifestyle Coaching, Body PH
- Holistic Pet & Plant Care

He works with People, Plants, Animals & uses multiple modalities but is an herbalist at heart. He is also extremely well versed in the Culinary & Gastronomical world.

Tal is currently completing his required clinic hours to be eligible for professional membership in the: Ontario Herbalists Association, American Herbalist Guild and the Veterinary Botanical Medicine Association by the fall of 2016. He is available for personal and skype consultations.

We invite you to check out Tal's articles featured on linkedin:

<https://www.linkedin.com/today/author/talhamad>

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